

MÖLLER'S COD LIVER OIL OMEGA-3

Tutti-Frutti Flavour – 250 ml

Möller's is the original Norwegian cod liver oil, developed by pharmacist **Peter Möller** in **1854**, supporting the health of generations for almost two centuries.

Möller's Cod Liver Oil provides **natural Omega-3**, sourced from **wild Norwegian cod**, sustainably and responsibly harvested from the pure, cold Arctic waters.

Möller's Cod Liver Oil contains a **high concentration of DHA**. It has been clinically proven that **DHA contributes to normal brain development and the normal development of vision**.

One teaspoon (5 mL) of **MÖLLER'S Cod Liver Oil Tutti-Frutti Flavour** provides **1,120 mg of natural Omega-3 fatty acids (DHA + EPA)** together with **Vitamins A, D (400 IU), and E**.

For **children over 11 years of age and adults**, the recommended daily intake is **10 mL**, providing **2,240 mg of natural Omega-3 fatty acids (DHA + EPA)** together with **Vitamins A, D (800 IU), and E**.

Health Benefits

- **EPA and DHA** contribute to the normal function of the heart*.
- **DHA** contributes to the maintenance of normal vision and normal brain function**.
- **Vitamin D** contributes to the normal function of the immune system and to the maintenance of healthy bones and teeth. It also contributes to the normal absorption and utilisation of calcium, thereby helping to maintain normal bone health.
- **Vitamin A** contributes to the normal function of the immune system, the maintenance of normal vision and the maintenance of healthy skin and mucous membranes.
- **Vitamin E** contributes to the protection of cells from oxidative stress.
- * *The beneficial effect is obtained with a daily intake of **250 mg EPA and DHA**.*
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Every drop counts for healthy growth and development!

Norwegian Quality Since 1854

Möller's never compromises on quality.

Our cod liver oil is produced from **fresh Arctic cod**, responsibly harvested from the pure, cold waters of the Arctic coast.

Möller's has been the **Omega-3 expert since 1854**, when Norwegian pharmacist **Peter Möller** revolutionised the production of Omega-3 from cod liver oil.

His innovative **steam extraction method** is still used today, producing an oil that is **pure, concentrated**, and preserves the natural properties of Omega-3 fatty acids and Vitamins D, A, and E.

Möller's Omega-3 – Pure. Concentrated. Natural. Quality from the first to the last drop!

Directions for Use

Children: 5 ml daily

Children over 11 years of age and adults: 10 ml daily

According to the manufacturer's recommendation, **cod liver oil may be used safely during pregnancy and breastfeeding.**

Nutritional Information

Contains	Per 5 mL	Per 10 mL
Cod liver oil	4,564 mg	9,128 mg
Omega-3 fatty acids	1,120 mg	2,240 mg
– DHA (docosahexaenoic acid)	510 mg	1,020 mg
– EPA (eicosapentaenoic acid)	370 mg	740 mg
Vitamin D	10 µg (400 IU) – 200% NRV* 20 µg (800 IU) – 400% NRV*	
Vitamin A	250 µg (833 IU) – 31% NRV* 500 µg (1,666 IU) – 62% NRV*	

Contains	Per 5 mL	Per 10 mL
Vitamin E	3 mg (6.52 IU) – 25% NRV*	6 mg (13.04 IU) – 50% NRV*

*** NRV = Nutrient Reference Value according to Regulation (EU) No. 1169/2011.**

After opening, store refrigerated and consume within 3 months.

MÖLLER'S COD LIVER OIL OMEGA-3 Tutti-Frutti Flavour, 250 mL.

The right choice for the whole family.

Spoonful of life.

Since 1854.