

MÖLLER'S COD LIVER OIL CAPSULES

120 Soft Capsules

MÖLLER'S Cod Liver Oil Omega-3 Natural Soft Capsules provide the daily intake of **Omega-3 fatty acids** together with **Vitamins A, D, and E**.

Möller's Cod Liver Oil provides **natural Omega-3**, sourced from **wild Norwegian cod**, responsibly harvested from the pure, cold Arctic waters of Norway.

Health Benefits

- Supports overall health and the immune system.
- Supports the nervous and cardiovascular systems.
- **EPA and DHA** contribute to the normal function of the heart*.
- **DHA** contributes to the maintenance of normal vision and normal brain function**.
- **Vitamin D** contributes to the normal function of the immune system and to the maintenance of healthy bones and teeth.
- **Vitamin E** contributes to the protection of cells from oxidative stress.
- **Vitamin A** contributes to the normal function of the immune system, the maintenance of normal vision, and the maintenance of healthy skin and mucous membranes.

* The beneficial effect is obtained with a daily intake of **250 mg EPA and DHA**.

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Directions for Use

Recommended daily dose for adults and children over 6 years of age: 2 soft capsules daily, taken with a sufficient amount of liquid.

Nutritional Information

Contains	2 Soft Capsules	4 Soft Capsules
Cod liver oil	1,200 mg	2,400 mg

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Omega-3 fatty acids	308 mg	616 mg
– DHA (docosahexaenoic acid)	146 mg	292 mg
– EPA (eicosapentaenoic acid)	96 mg	192 mg
Vitamin D	7.5 mg (300 IU) – 150% NRV*	15 mg (600 IU) – 300% NRV*
Vitamin A	125 mg (416.5 IU) – 16% NRV*	250 mg (833 IU) – 31% NRV*
Vitamin E	1.5 mg (1.65 IU) – 13% NRV*	3 mg (3.3 IU) – 25% NRV*

* **NRV = Nutrient Reference Value according to Regulation (EU) No. 1169/2011.**

Norwegian Quality Since 1854

The **Möller's** brand is a guarantee of premium quality products.

In **1854**, Norwegian pharmacist **Peter Möller** revolutionised the production of Omega-3. His innovative **steam extraction method** is still used today, producing a highly purified cod liver oil while preserving the natural properties of Omega-3 fatty acids and Vitamin D.

Möller's helps maintain health and supports the immune system with every capsule!

The right choice for the whole family.

SPOONFUL OF LIFE.

Since 1854.